

**Palos Verdes Football  
Fall Camp Schedule 2017  
Varsity/JV  
*What It Takes!***

**Mon 8/7**

Sea King Training  
10am-11:30am

Practice 4-7pm

**Tues 8/8**

Practice 8:30-10am

Sea King Training  
10am-11:15am

Practice 4-6:30pm

**Wed 8/9**

Sea King Training  
10am-11:30am

**Picture Day**

Practice 4-7pm

**Thurs 8/10**

Practice 8:30

Sea King  
Training 10am-11:15am

Practice 4pm

**Fri 8/11**

Sea King  
Training  
10am

Practice 4pm

**Sat 8/12**

Practice 8am

**Parent Social**

**Mon 8/14**

Practice 8:30-10am

Sea King Training  
10am

Practice 4:00pm

**Tue 8/15**

Sea King Training  
10am

Practice 4:00pm

**Wed 8/16**

Practice 8:30am

Sea King Training  
10am

Practice 4:00pm

**Thurs 8/17**

Sea King  
Training 10am

Practice 4:00pm

**Fri 8/18**

Scrimmage  
at San Pedro  
JV and Varsity  
TBA

**Sat 8/19**

Films at 9am  
(Varsity Only)

Varsity Outing

**Mon 8/21**

Sea King Training  
1:00pm

Practice 3:00pm

**Tues 8/22**

Sea King Training  
1:00pm

Practice 3:00pm

**Wed 8/23**

Sea King Training  
1:00pm

Practice 3:00pm

**Thurs 8/24**

Lift 1:00

Practice 2:00pm

**Fri 8/25**

**Varsity  
Game 1  
At Westchester  
7:00pm**

**Sat 8/26**

Varsity Films  
9:00am

**JV Game 1  
Home 3pm**

**Freshmen Game  
Away 3pm**

**Mon 8/28**

First Day of School  
Minimum Day  
Lift during 6<sup>th</sup> Period

Practice 3:00pm

**Tues 8/29**

A-Day

Practice 3:00pm

**Wed 8/30**

B-Day  
Lift during 6<sup>th</sup> Period

Practice 3:00pm

**Thurs 8/31**

A-Day

Practice 3:00pm

**Fri 9/1**

B-Day

**Varsity  
Game 2  
Home vs. Long Beach Cabrillo  
3:00pm**

**JV Game 2 Away  
Freshmen Game 2 Home**

**ALL LEVELS WILL PRACTICE ON LABOR DAY, Monday September 4<sup>th</sup>, TBA.**

**Note:** Sea King Training from 8/7-8/23 is open to ALL Sea King Athletes.