Mon	Tuesday	Wednesday	Thurs	Friday	Saturday
			Aug 1 <sup>st</sup>	2	3
			2:30-3:30 Sea	2:30-3:30 Sea	9-11am
			King Training	King Training	Practice
			4-6:00 Practice	4-6:00 Practice	
5	6	7	8	9	10
2:30-3:30 Sea	2:30-3:30 Sea	9-10:30	10:30-11:30	9-10:30	8:30-
King Training	King Training	Practice	Sea King	Practice	11:30am
		10:30-11:30	Training	10:30-11:30	Practice
		Sea King		Sea King	
4-6:00 Practice	4-6:00pm	Training	4-7:00 Practice	Training	
	Practice				
		4-6:30 Practice		4-6:30 Practice	
12	13	14	15	16	17
9-10:30	10:30-11:30	9-10:30	10:30-11:30	Scrimmage at	9:00am
Practice	Sea King	Practice	Sea King	Tustin H.S.	Film and
10:30-11:30	Training		Training	JV 5:00pm	Team
Sea King		10:30-11:30	Picture Day	Varsity 6:30pm	Building
Training	4-7:00pm	Sea King		Frosh at	
	Practice	Training	4-7:00 Practice	Foothill H.S.	
4-6:30 Practice				3:00pm	
		4-6:30 Practice			
19	20	21	22	23	24
2:00-3:00 Sea	2:00-3:00 Sea	SCHOOL	Practice in	Practice in	Game 1 vs.
King Training	King Training	STARTS	Hawaii	Hawaii	Iolani H.S.
		Walk-through			3:00pm
4-6:30 Practice	4-6:30pm	Travel to	Freshmen		
	Practice	Hawaii	Game 1 Home		
			vs. Foothill		

## Palos Verdes Football Varsity/JV Fall Camp Schedule 2024

Note: All Players are expected to attend ALL Sea King Training sessions.

## Palos Verdes Football 2024... Working Forward To It!