Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1-Aug	2-Aug	3-Aug
			Helmets Only. Practice 4:30-6:30PM	Helmets Only. Practice 4:30-6:30PM	Helmets Only. Practice 9A-11A
5-Aug	6-Aug	7-Aug	8-Aug	9-Aug	10-Aug
Helmets and Shoulder Pads. Practice 4:30-6:30PM	Helmets and Shoulder Pads. Practice 4:30-6:30PM	FULL PADS Practice 8:30- 10:30AM Practice 4:00-6:00PM	Practice 4:00-7:00PM	Practice 8:30-10:30AM Practice 4:00-6:00PM	Practice 8:30A-11:30A
12-Aug	13-Aug	14-Aug	15-Aug	16-Aug	17-Aug
Practice 8:30-10:30AM Practice 4:00-6:00PM	Practice 4:00-7:00PM	Practice 8:30-10:30AM Practice 4:00-6:00PM	Practice 4:00-7:00PM	Scrimmage @ Foothill 3PM	Film / Training 9-11 AM, Pool Party/BBQ 11:30-2PM
19-Aug	20-Aug	21-Aug	22-Aug	23-Aug	24-Aug
Practice 4:30-7:00PM	Practice 4:30-7:00PM	Practice 4:30-6:00PM	Home Game vs. Foothill 3:15PM	Film/Practice 3:00PM- 6:00PM	5PM PV vs Iolani Watch Party