

**Palos Verdes Football Summer 2025  
FRESHMAN**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June 9</b> Practice 4-7pm	10 Practice 4-7pm	11 Practice 4-7pm	12 Practice 4-7pm	13 <b>Practice 2-5PM We have field</b>	14 Beach Workout
16 Practice 4-7pm	17 Practice 4-7pm	18 Practice 4-7pm	19 OFF	20 Practice 2-5pm Varsity also on field	21 <b>OFF – Set up and work the FCA Passing and Linemen Tournament hosted by PV High.</b>
23 Practice 4-7pm	24 Practice 4-7pm	25 Practice 4-7pm	26 <b>Practice 4-7pm We have field</b>	27 <b>@VILLA PARK 7ON7/BIG MAN COMPETITION</b>	28 Beach Workout
30 Practice 4-7pm	<b>July 1<sup>st</sup></b> Practice 4-7pm	2 Practice 4-7pm	3 <b>Practice 4-7pm We have field</b>	4 OFF	5 OFF
7 Practice 4-7pm	8 Practice 4-7pm	9 Practice 4-7pm	10 <b>Practice 4-7pm We have field</b>	11 <b>Practice 2-5pm We have Field</b>	12 OFF

**We will be OFF from July 13<sup>th</sup> through July 30<sup>th</sup>- Great time for Vacations! Stay in Shape-  
Stretch, Run, Lift and Have Fun!**

**Fall Camp begins for ALL Levels on Thursday July 31<sup>st</sup>. You must be "CLEARED" in order  
to participate (includes up-to-date Physical, etc.). Please do that WAY BEFORE July 31<sup>st</sup>.**

**PALOS VERDES FOOTBALL 2025...*Getting After It!***